

# **Antiphospholipid antibodies and pregnancy criteria**





# What are the criteria for obstetric APL syndrome?

- Antibiphospholipid antibodies (APL) cause blood clots and obstetric mishaps.
- Suspicion and testing for APL should be done in a woman with the following history:
  - One or more specific adverse outcomes related to pregnancy, including:
    - fetal death after 10 weeks gestation
    - premature birth due to severe preeclampsia or placental insufficiency
    - multiple embryonic losses (<10 weeks gestation).
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## Reference

D Erkan, T Ortel. Diagnosis of antiphospholipid syndrome.  
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